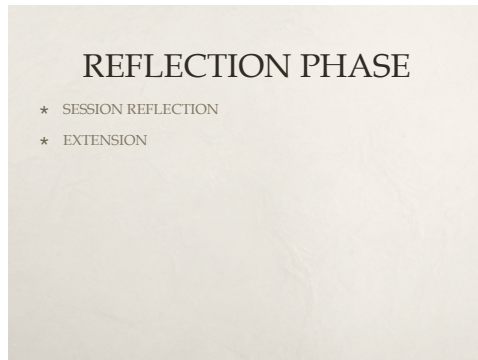


Reflection Phase



In the final phase, reflection, parents and professional **return to the matrix worksheet** to discuss what worked and what didn't as they practiced the strategy. They make **necessary alterations** to the matrix. Then they extend use of the strategy as they discuss other ways in which this strategy could **fit into various family routine** including with different materials or with different people.

This reflection is important. It allows the parent and interventionist to record what they learned throughout the session as they attempted to apply their planned activity. It could be that the planned strategies and activity worked well, but more often ideas are altered by the end of the session. Recording changes on the matrix summarizes these changes and provides a written reminder that will be left with the parent for a reference through the week.

In addition, asking parents to think through how the activity will fit into their current schedule helps the activity and strategies become part of their daily routine rather than assigned "homework" that should be completed. It also allows the parent to really think through the daily application and generalize the ideas into other parts of their day.

This reflection phase is meant to

- **train parents in problem-solving skills ,**
- **build parent competence, and**
- **promote parent follow through.**

